

# Sound Cans

**Age: 2 years and up**



## What's needed

Empty cans or film containers  
Small objects (beans, macaroni, rice, un-popped popcorn marshmallows, cereal, etc.)

## What to do

1. Fill empty cans or film containers with different-sounding objects (beans, macaroni, marshmallow, rice, cereal, etc.)
2. Shake the cans. Ask children if the sound is loud or quiet and what is inside that makes each noise.
3. Open the container and show the contents.

**CAUTION**

This activity should be supervised with younger children who could easily swallow or choke on the small items.

## What children will learn

Hearing, thinking skills, language skills