

Seed Sprouts

Age: 2 years and up

What's needed

Small plastic disposable cups
Planting soil
Large seeds (peas, corn, etc.)



What to do

1. Use unbreakable clear containers, such as plastic disposable cups.
2. Have children fill them partway with dirt.
3. Use large seeds such as peas or corn, and ask children to plant the seeds so they are visible through the side of the container.
4. Watch as you water and the seeds sprout.

What children will learn

Science skills

