

Pudding, Pudding

Age: 19-36 months



What's needed

Pudding
Table
Art aprons/smocks for toddlers and adults
Mop
Sponges
Drop cloth

What to do

1. Put on smocks or aprons.
2. Have children help you make one or two batches of instant pudding. Make enough for each child to have about 1/4 cup to 1/3 cup of pudding.
3. When pudding is ready put 1/4 cup to 1/3 cup on table for each child.
4. Let children play with pudding as you would do with finger painting.
5. Of course they'll eat it – that's half the fun!
6. Other materials to use include: oatmeal, yogurt, and cornmeal.
7. You can have them "paint" on paper, but toddlers are interested in the process not the product so "save a tree" and just do it on the table.
8. Toddlers will enjoy helping you clean up, too. Give them sponges and have fun!

What children will learn

Large and small motor skills, sensory experience