

Pretend Cooking

Age: 1-2 years



What's needed

Cups, spoons, plastic bowls, empty margarine containers
Wire whisk
Basin of water

What to do

1. Provide children with such things as cups, spoons, plastic bowls, empty margarine containers, and a wire whisk.
2. Put these items in a basin with water. You may want to place a plastic drop cloth underneath.
3. Children can then “cook” a meal, imitating actions of pouring and stirring.
4. Give them words for their actions.
5. This also is a great outdoor activity on a warm day.

CAUTION

Young children can drown even in a small amount of water, so young children must be supervised around water at all times. An adult needs to be no more than an arm's length away.

What children will learn

Language skills, dramatic play