

Finger Time

Age: 6-24 months



What's needed

Mirror
Rice cereal or mashed potatoes
Freezer paper
Pudding

What to do

1. Breathe on a mirror so that it fogs up. Let six-month-olds draw on the fogged-up mirror with their fingers. They will enjoy making designs on the mirror and seeing their own images.
2. Let seven-month-olds finger paint with rice cereal or mashed potatoes on high chair trays.
3. One-year-olds will enjoy finger painting on a piece of freezer paper with pudding.

What children will learn

Sensory, small motor, create expression