

Counting Walks

Age: 2 years and up



What's needed

No materials needed.

What to do

Go outside for a walk or play time. As you step, count up to a number the children know and have them copy the steps. Make up silly step, hop, go backwards, do large or small steps, and so on, each time counting the number of steps for the children to match.

What children will learn

Physical activity, gross motor skills, counting

