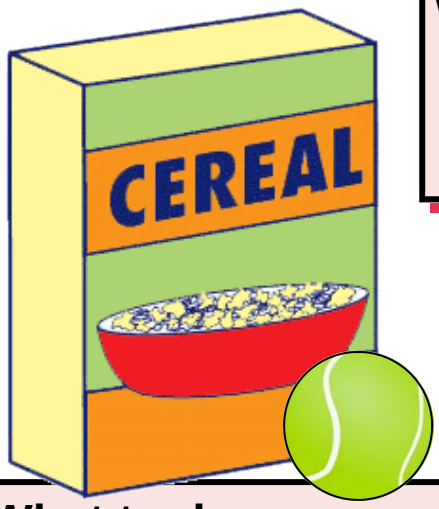
Box Bowling

Age: 1 year and up

What's needed

Empty cardboard boxes (i.e. cereal boxes, oatmeal)
Different types of balls (i.e. ping pong, tennis, basket ball, foam)



What to do

Using several empty cardboard boxes such as cereal or oatmeal boxes, ask children to roll different types of balls (ping pong, tennis, basketball, foam) to knock over the boxes. Compare which ball works better to knock over several boxes at one time.

What children will learn

Large muscle skills; prediction